



Bloody Good Period

# **SOCIAL MEDIA HOUSE RULES**

---

**Last reviewed: October 2020**

We bloody love period talk, and encourage everyone to have their say. To ensure we have a safe space that reflects our diverse, inclusive, respectful and intersectional approach to our mission, we ask that you follow our house rules. If these rules are not observed, we reserve the right to potentially delete posts and comments, block accounts, and report those who don't adhere to the house rules.

Please think before you post, be considerate in the same way that you would be in real life, and remember that there are humans behind every social media account.

These are the things we will not tolerate, period:

- Racism, sexism, homophobia, transphobia including trans-exclusionary behaviour
- Hate, aggression or abuse
- Libellous content
- Misleading content (we always take an evidence-based approach)
- Anonymous accounts
- Trolling

- Sales posts
- Religious intolerance
- Offensive or distressing content (including but not limited to violent or pornographic content).

Any changes to the house rules will be made public by the administrators of this account.

Hours of moderation: We are a small team with multiple priorities and limited hours. We aim to be online every day from Monday to Friday, but there may be times when it takes us a while to respond. At the weekend, we will only respond to genuinely urgent matters.

Please send any questions or concerns to [hello@bloodygoodperiod.com](mailto:hello@bloodygoodperiod.com)